

The community engagement department provides access to information, advocacy and other systems of support within the communities served by **posAbilities**.

Information Information and resources are provided to help facilitate life planning for the family unit. Examples include:

- workshops on personal or financial planning for relatives with a disability
- how to manage transitions to various school levels or into adulthood
- facilitating the creation of Representation Agreements,
- conducting basic research to help meet a family's support needs
- providing referrals to other services.

Advocacy We assist families with navigating bureaucratic systems and gaining access to services and mobilizing them as an important resource that can help improve programs and services for persons served.

Support A key function of the department is to help people "plug-in" to new or existing support networks, so that families can learn, share and connect with each other. This creates opportunities for families to develop their own self-sustaining support networks.

Please note: there is no charge for using posAbilities' family support services.

We also produce publications, update our web and social media sites, and participate in a wide variety of community events. Please visit www.posAbilities.ca to learn about us, our upcoming events and to discover useful links.

For more information: call 604-299-4001 ext. 270

Email info@posAbilities.ca or visit www.posAbilities.ca