

Triple P® Stepping Stones is for every parent with a child (up to 12 years of age) with autism spectrum disorder, ADHD, and/or an intellectual disability, whether it is for specific concerns or advice on common everyday issues.

Connect with other parents and learn about:

1. How to bring out the best in your child.
2. How to teach important functional skills and behaviours.
3. How to manage mis-behaviour during parenting routines.
4. How to plan ahead to ensure a successful routine/outing/activity.

Delivered over nine weeks:

Five interactive group sessions get you started on goals that are a priority for you, followed by three phone consultations to problem solve and a final session to celebrate successes.

Day: Tuesdays
Start Date: April 23, 2019
End Date: June 18, 2019
Time: 10:00am - 12:30pm
Venue: Laurel Head Office,
#240, 4664 Lougheed Hwy, Burnaby

Triple P® Stepping Stones

Helping parents take the stress out of parenting

www.triplep-parenting.net



**Cost: \$250
per parent or couple**

Please register by April 1, 2019

Maximum number of participants per session is 10

Register online:
www.laurelbc.ca/trpss-2019

For more information about the program please call 778-945-1435 or email laurel@posAbilities.ca