



EVENTS

Artisan Pottery & Bake Sale

Bring Mom or Grandma to Trout Lake to check out their selection of handcrafted pottery by the Trout Lake Pottery Club while you indulge in delicious treats made by the Trout Lake Seniors. There will be lots of cookies, cake, pie, loaves, and more! For one day only so don't miss out. No registration required!

Date: May 2

Time: 9:00am - 4:00pm

Location: Trout Lake Community Centre

[Learn More](#)





Ships to Shore Festival

Step into a unique waterfront experience as the Kaiwo Maru, one of the largest tall ships in the world, arrives at Steveston's historic harbour! Explore the ship with a paid boarding ticket, enjoy a full weekend of kite demonstrations, and take a gander at handcrafted Japanese goods in one of Richmond's most scenic locations.

Date: May 2 - 3

Time: 10:00am - 5:00pm

Location: Garry Point Park, Richmond

[Learn More](#)



Mother's Day Weekend at The Glades Woodland Garden

Celebrate Mother's Day surrounded by the the Lower Mainland's largest collections of rhododendrons and azaleas, some of them being more than 6 meters tall! Enjoy live music from a string ensemble, purchase a sweet or savory grazing box while you browse, indulge in beverages, and go for a mini photo session!

Date: May 9

Time: 10:00am

Location: The Glades Woodland Garden, Surrey

[Learn More](#)



Make a Bird Stamp! Beginner-Friendly Workshop

Join the workshop to create your own bird stamp using the linocut technique! Transform a simple design into a beautiful piece of art. You'll learn how to carve a bird design into a rubber carving block to create your stamp, then ink it and print it onto paper to take home!

Date: May 13

Time: 6:00pm - 8:00pm

Location: Stanley Park Ecology Office

[Learn More](#)



Cloverdale Rodeo & Country Fair

With five pro rodeo performances, an indigenous village, live music performances, 40+ food trucks, 30+ carnival rides, family-friendly events, and more than a little bit of action—The 2026 Cloverdale Rodeo and Country Fair is bigger and bolder than ever!

Date: May 14 - 18

Time: Various

Location: Cloverdale Fairgrounds, Surrey

[Learn More](#)



ANNOUNCEMENTS

Climate Preparedness Research: Paid Opportunity Seeking Voices of People With Disabilities

Would you like to help people in your community be more prepared for climate emergencies? Principal investigator Dr. Ben Mortenson at the University of British Columbia is looking for community members to interview via Zoom or phone for about an hour to learn more about your experiences with climate emergencies. You would receive a stipend of \$25 as compensation for your time. There are multiple phases in the research; if potential participants are not selected at this stage for an interview, they can share their interest for future phases.

To participate in this research study, you must:

- age 19 or older
- live in Metro Vancouver, British Columbia
- be able to communicate in English
- be able to give informed consent.

You must also be part of one of the following groups:

- Have a disability

OR

- Be aged 65 or over

OR

- Be a family / informal caregiver of a disabled person or older adult

OR

- Be a staff member of community organization that works with disabled people or older adults

If you would like to take part in this study, please email the Mortenson Lab via email at mortenson.lab@ubc.ca. For more information, click the link below.

[Learn more](#)



Become a User Tester and Help Improve Federal Programs and Services

Inclusion Canada has an agreement with the federal government (Service Canada). They are working with them to improve how federal programs and services are designed and delivered.

They are helping to test a wide range of materials and services, like application forms, letters, online tools, and other experiences. They want to make sure these are clear, accessible, and easy to use for people with an intellectual disability and their families.

Part of this work is connecting Service Canada to "user testers". User testers are people who review materials or take part in activities like interviews. They offer feedback to make programs and services better. User testers are paid for their time.

They are building a list of people who are interested in being user testers. If you would like to be contacted about these opportunities, please click the link below.

[Learn more](#)

Prescribing Nature



Sat, May 9, 2026 | 10am - 1pm



Burnaby's Central Park
near Patterson SkyTrain station



This is a prescription for...

A half-day of free family-friendly activities to boost health and well-being by connecting with nature!



Guided forest therapy tours (hourly)



Guided plant walk with Senaqwila Wyss



Eco-crafting stations using invasive species



Burnaby launch for PaRx social prescribing



Live music



Juggling



Magic tricks



Health care resources

Dress for the weather, pack a picnic, and come spend the morning with us!

Hosted by Burnaby Primary Care Network, Burnaby Division of Family Practice, and Burnaby's Social Prescribing Community of Practice, in partnership with BC Parks Foundation (PaRx)



Burnaby
Primary Care Network



Burnaby
Division of Family Practice
An FPSC initiative

[burnabypcn.ca/
socialprescribing](https://burnabypcn.ca/socialprescribing)

