



EVENTS

Active Aging Week

Celebrate aging with free and low cost activities that promote the benefits of healthier and more active lifestyles for older adults at City of Burnaby senior centres.

Date: October 5 - 11

Time: Various

Location: Various

[Learn More](#)





The West Coast Vendor Showcase

A weekend bringing together independent vendors, small businesses, artisans, boutique brands, food vendors, and creative entrepreneurs.

Date: October 9 - 11

Time: 10:00am - 6:00pm

Location: Jack Poole Plaza, 1055 Canada Place, Vancouver

[Learn More](#)



The Clayton Community Market

A welcoming community gathering for local families, bringing together farmers, food vendors + more!

Date: October 11 & 25

Time: 10:00am

Location: The Clayton Community Market,
7155 187A St, Surrey

[Learn More](#)

OCTOBER MOVIE MONDAYS

PRACTICAL MAGIC

12TH OCTOBER | 6PM | THE FLAMINGO ROOM



October Movie Mondays: Practical Magic

Join The Flamingo Room for cult classics, spooky favourites, themed cocktails, and all the right reasons to stay out late.

Date: October 12

Time: 6:00pm

Location: The Flamingo Room, 1214 Commercial Drive, Vancouver

[Learn More](#)



Breaking Down Barriers: Stories and Solutions from Self-Advocates

A discussion about accessibility in communities and how to make things more accessible.

Date: October 14

Time: 2:00pm - 3:00pm

Location: Virtual

[Learn More](#)

Alternative Creations Studio
1659 Venables St, Vancouver

How Soft is a Stone?

An Invitation to Practice Rest as a Form of Nourishment

Through an interactive landscape
of sculptures, paintings, and
community co-created works,
posAbilities' Artist in Residence
Georgina Hawitt invites us to
consider what emerges when we
feel supported enough to rest.

SHOW RUNS:
12- 23 October
Monday to Friday
9:00 - 3:00 PM

WORKSHOPS:
September 16 & 18
6:00 - 9:00 PM

RECEPTION:
October 23
6:00 - 9:00 PM



SCAN HERE
To learn more and RSVP
for the FREE workshops

Stories of Inclusion & Belonging

Celebrating Community Inclusion Month

An Author Reading & Community Conversation

Hosted by the CLBC Simon Fraser Community Council

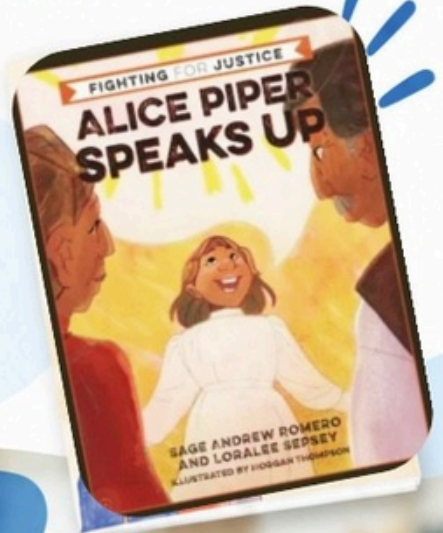


Featuring Guest Author

Lorelee Sepsey

Co-author of

Alice Piper Speaks Up



Thursday, October 22, 2026

1:30 – 3:00 p.m.



Poirier Library

575 Poirier Street, Coquitlam



Join us for an afternoon of storytelling and community conversation celebrating inclusion, belonging and self-advocacy.



Free
Admission



Refreshments
Provided



Parking &
Accessible Parking
Available



RSVP by October 15



SCAN TO RSVP

or email clbcportmoody@gov.bc.ca



If you require accessibility accommodations to participate, please let us know when you RSVP.

Fall Craft Market



Save the Date!

Saturday October 17th, 2026

11am - 5pm

920 Twelfth Street, New Westminster

corner of 12th Street & London Street

(retail gift shop will be open)

- 🕯 hand poured seasonal candles (soy & beeswax)
- 🧶 hand loomed knit decor
- ✿ handmade crochet collections
- ✿ locally grown & dried lavender
- * hand crafted keychains, purse/backpack charms
- ✿ & more



@craftycousins920



FALL 2026

imagine!

INSPIRING STORIES AND COMMUNITY UPDATES



TABLE OF CONTENTS

SUMMER FUN	Pages 3 - 8
Camp Sasamat	Pages 3 - 5
Annual Picnic	Page 5
Challenger Baseball Continues to Grow	Page 6
Growing Together at ROOTS	Pages 7 - 8
THE ARTS	Pages 9 - 12
Stage Door All Stars Review	Page 9
Summer at Alternatives	Pages 10 - 12
UPCOMING EVENTS	Pages 13 - 15
INCLUSION Art Show & Sale	Page 13
Celebrate International Day of Persons with Disabilities With Us!	Page 14
Discover New Stories at VIFF	Page 15
SECTOR NEWS & RESEARCH	Pages 16 - 19
Navigating Systems Changes for Children and Youth with Support Needs	Pages 16
Disability Employment Awareness Month: Creating Opportunities to Contribute	Page 17
Research with Relevance: Loneliness, Social Media and Disability - What have we learned?	Page 18
Supporting the Whole Person	Page 19
FAMILIES MATTER	Pages 20 - 26
Caring for Ourselves, Caring for Each Other	Page 20
Back to School: Inclusive Education Journeys Across the Lifespan	Pages 21 - 22
Empowering Dads	Page 23
Rock Squad Hits the Road	Pages 23 - 24
Vancouver Parents of Youth in Transition Group	Page 25
A Good and Full Life, Ends Well Too	Page 25

ANNOUNCEMENTS

imagine! Newsletter Fall 2026 now available

[Read Here](#)



Days of Significance for October

Below are some of the days of significance for this month, expect some events related to these in the coming editions of the E-Newsletter.

- October — Community Inclusion Month
- October 10 — World Mental Health Day
- October 12 — Thanksgiving
- October 31 — Halloween



22ND ANNUAL

INCLUSION Art Show & Sale

October 27 - 28, 2026

Tuesday: 10:30 AM - 7:30 PM

Wednesday: 10:30 AM - 6:30 PM

Roundhouse Community Arts & Recreation Centre

Paintings, pottery, glasswork, photography and more
from artists with diverse abilities.

Press Release and Eventbrite Available: INCLUSION Art Show & Sale

Held during Community Inclusion Month in BC, this free event is a vibrant celebration of creativity and community. Experience the incredible work of over 200 artists with diverse abilities, including disabled artists and those who identify as having a disability.

Admission is FREE! Donations at the door are appreciated and help support the show.

Accessibility: The venue is fully accessible, with a safe loading zone for those arriving by HandyDART or personal vehicle. ASL interpretation will be provided.

Payment Options: Most vendors accept both cash and electronic payments, though some may only accept cash. An ATM is available near the venue.

Date: Tuesday – Wednesday, October 27 – 28, 2026

Time: Tue: 10:30 AM – 7:30 PM | Wed: 10:30 AM – 6:30 PM

Location: Roundhouse Community Arts & Recreation Centre

For more information, please visit: [**www.inclusionartshow.com**](http://www.inclusionartshow.com)

Save the Date

Press Release



Let's Laugh
& make
connections

\$15 COVER CHARGE

NEW DATE!!!! SINGLES' BOARD GAME NIGHT

WEDNESDAY
OCTOBER 7

AT PIZZERIA LUDICA

601 CARNARVON ST, NEW
WESTMINSTER, BC

DOORS OPEN AT: 06:00PM

GAMES STARTS AT: 07:00PM

CARD & BOARD GAMES - MINGLING- MAKING
SPECIAL CONNECTIONS- EATING PIZZA

RSVP to Krista Marander
778-554-5573

Krista.Marander@gobaci.com

Dating Game Night with BACI

Event includes pizza.

Cost: \$15

Date: October 7

Time: TBA

Location: Pizzeria Ludica, 601 Carnarvon St, New Westminister

Register

Loneliness, Social Media, and Disability:



A Deep Dive into the Research



is available on:



or wherever you get
your podcasts!



Now Streaming: Loneliness, Social Media and Disability: A deep dive into the research

Can social media actually make us feel less alone?

Now streaming hosts Hannah, Cindy, and Raymond sit down with SFU CERI research assistants Jade and Amanda to unpack a groundbreaking mixed-methods study exploring how people with and without disabilities experience social media, loneliness, and connection.

The results will surprise you... tune in!

Stream this episode now:

YouTube

Spotify



posAbilities presents

INCLUSION Art Show & Sale

VOLUNTEERS NEEDED!

Help bring **INCLUSION** to life! We're looking for enthusiastic volunteers to help create a fun, welcoming experience at this year's Art Show from October 26-28.

Opportunities include greeting guests, assisting artists, wrapping artwork, supporting food service, helping with set-up and take-down, and more.

Sign up today: Visit the [posA](https://posAbilities.ca) site or scan the QR code below.

Questions? Contact **Tianna Wattum** at artshow.volunteer@posAbilities.ca.



posAbilities

open
door
group
50
INSPIRATION AT WORK

PROJECT
EVERYBODY

ROUNDHOUSE

VANCOUVER
BOARD OF PARKS
AND RECREATION

bcgeu

COMPONENT 5
COMMUNITY SOCIAL SERVICES

BMO

The Leihl Family

VANCOUVER
IS AWESOME

Jemma Scoble
CONSULTING



NEWS

Advocates walk united, calling for inclusive communities for people living with autism and neurodivergence

Written by Arden McLeod for CBC News, the article highlights the Inclusion in Motion walk in Richmond, where families, caregivers, and advocates gathered to promote inclusion, accessibility, and community belonging for people living with autism and other neurodivergences. Participants and organizers emphasized the need for greater awareness, respect, and support, while celebrating neurodivergent individuals and their families. The story also notes recent provincial investments in disability services and benefits aimed at improving support for children, youth, and families across British Columbia.

Watch video coverage of the event here: **[Families and advocates come together in Richmond to celebrate neurodivergence](#)**

[Read More](#)

